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THE "ULTIMATE" PROCESSES

The "ultimate" processes - when they can be run on the pc now exist. And they can be run providing the pc is first brought up into the vicinity of Mest Clear by the current rundown (Pre-session 37, Formula 15, 14, 13, or 16 as needed, Regimen 3 derived from pre-sessions 2 to 36 - SCS and Connectedness also for some - with the Regimen being run with help on a terminal for at least 75 hours without changing terminals).

If all this is gotten out of the way, the pc should be in very good shape indeed. Then, after perhaps another process or two, these ultimates could be attempted.

It is very important to remember these as they wipe out any liability of having been active in mental "healing" on the whole track, or, more importantly, having abused the field of the arts.

Remember, however, that, just as it says in "Creation of Human Ability", there is a lot of agony attached to running "a thetan" or some allied word. Unless havingness is away up and stable, as is achieved in Regimen 3, it can't be done.

With these warnings, here are the basic versions of the processes:

ULTIMATE 1

"Get the idea of doing something to a thetan."

"Get the idea of not doing something to a thetan."

and

ULTIMATE 2

"Get the idea of doing something to a thetan's pictures"

"Get the idea of not doing something to a thetan's pictures."

and

ULTIMATE 3

5 way help on a thetan.

and

ULTIMATE 4

5 way help on a thetan's pictures.

and

ULTIMATE 5

"Get the idea of allying oneself".

"Get the idea of not allying oneself".

and

ULTIMATE 6

"Get the idea of creating."

"Get the idea of not creating."

These processes should probably be run with a Regimen 3 form, certainly with model session, Each should be flattened in turn several times around

This is our nearest data approach to OT at this time. Only Ultimate 5 could be run without having brought the pc to Mest Clear first.

The word "picture" is used instead of "creation" because of Step 6 phenomena and for other reasons. Responsibility could be run afterwards on all items mentioned in these "Ultimates".

Although you get this at a much later date, this HCO Bulletin was written on Christmas Day, 1960, in Johannesburg. So it's a Christmas present. And I hope all of you, regardless of any fancied differences, had a Very Merry Christmas and will have a very fine and successful AD11.

L. RON HUBBARD.

LRH:js:hbc

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